

Maestro Duarte's School Counseling Corner

Grace Hudson Language Academy



As a parent you might be wondering how you are going to manage your child's daily schedule as we start the 2020-2021 academic year in a distance learning format. Having a predictable daily schedule is a great tool for parents to help facilitate their child's distance learning education.

Below is a schedule that can help you organize a daily routine for your child so that your child can continue to enhance their academic potential at home during this difficult time for all. Parents are encouraged to check-in with their child's grade level teachers and follow the school schedule for their child.

Daily Schedule

Before 7:45 AM	WAKE UP!	Make Bed, Eat Breakfast, Brush Teeth, Get Dressed
8:00 AM	SCHOOL BEGINS	Be on time and have your materials ready
8:00 AM - 8:15 AM	Morning Meeting	Preparation for the Day
8:15 AM - 9:30 AM	Academics	English Learning Arts
9:30 AM - 10:00 AM	Exercise Time	P.E.
10:00 AM - 10:15 AM	Recess	Grab a snack and enjoy free time
10:20 AM - 11:20 AM	Academics	Math
11:20 AM - 12:20 PM	Academics	Science
12:20 PM - 1:00 PM	Lunch	Don't forget your Fruits and Vegetables!
1:00 PM - 1:30 PM	Academics	Social Studies
1:30 PM - 2:00 PM	Academics	Independent Work
2:00 - 2:30	Office Hours	Teacher available to answer student's questions about daily lessons/activities
2:30 PM	School Ends	Your Distance Learning Day has ended
5:00 PM - 6:00 PM	Dinner	Enjoy Meal with Family! Check-In with Children about Daily Concerns
9:00 PM	Bed Time	Put PJs on, Brush Teeth